

IMPORTANT FLU FACTS

All people 6 months of age and older should get vaccinated against seasonal flu every year.

Children younger than 6 months are at high risk of serious flu illness but are too young to be vaccinated. People who care for them should be vaccinated instead.

Vaccination is especially important for pregnant women and people with chronic diseases.

The flu vaccine protects against several different flu viruses (strains). Flu vaccines are updated every year to better match the viruses circulating in the public.

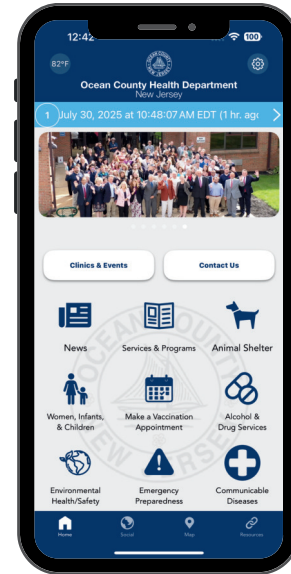
Getting the flu vaccine cannot give you the flu! The vaccine is made with inactive (killed) virus strains, which are not infectious.

For more info, visit oceancountyhealth.gov or download the CDC statement on vaccinations at: cdc.gov/vaccines/hcp/current-vis

Stay informed with notices, upcoming Flu vaccination clinics, and more!

Download the Ocean County Health Department App!

Scan this QR code on your phone to download the app now!



The Homebound Flu Vaccine program is available to residents who are restricted to their home.

Call to schedule:
732-341-9700 Ext. 7290

PROTECT YOURSELF FROM RESPIRATORY ILLNESS

- Cover your mouth and nose with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Consider wearing a facial covering when necessary.
- Wash your hands often with soap and water or use an alcohol-based hand rub.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Avoid touching your eyes, nose, or mouth.

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Ocean County Health Department

2025-2026 Seasonal Influenza Vaccination Sites

The Flu Ends with U!

The Ocean County Health Department's Chronic Disease and Immunization Department offers seasonal influenza vaccinations at various locations across the county. Getting your annual flu shot is one of the best ways to protect yourself, your loved ones, and your community from the spread of influenza.

Flu vaccine clinics are available at senior centers, libraries, community centers, and more, with daytime and evening hours to accommodate your schedule. In addition, pneumonia vaccines are available at select sites by appointment.

oceancountyhealth.gov

OCTOBER

10/3/25 – Friday – 11:00 AM–1:00 PM

Lacey Community Center, 15 Lacey Rd, Forked River

10/4/25 – Saturday – 10:00 AM–1:00 PM

YMCA, 1088 Whitty Road, Toms River

10/10/25 – Friday – 10:00 AM–1:00 PM

Engle Sprague Senior Center
239 11th Street, Waretown

10/14/25 – Tuesday – 10:00 AM–1:00 PM

Jackson Mills Fire House
465 N. Countyline Rd, Jackson

10/14/25 – Tuesday – 4:00 PM–7:00 PM

Berkeley Branch of the Ocean County Library
30 Station Rd, Bayville

10/15/25 – Wednesday – 10:00 AM–2:00 PM

Silver Ridge Park East Clubhouse
979 Edgebrook Drive North, Berkeley

10/16/25 – Thursday – 11:00 AM–1:00 PM

Ocean County Connection (O.C. Mall)
1201 Hooper Ave, Toms River

10/16/25 – Thursday – 1:00 PM–7:00 PM

Thorton Community Center
319 W Calabrese Way, Little Egg Harbor

10/17/25 – Friday – 10:00 AM–2:00 PM

Plumsted Health Fair
131 Evergreen Road, New Egypt

10/18/25 – Saturday – 10:00 AM–2:00 PM

Ocean County Fire and EMS Academy
200 Volunteer Way, Waretown

10/18/25 – Saturday – 10:00 AM–3:00 PM

Toms River Branch of the Ocean County Library
101 Washington St, Toms River

10/21/25 – Tuesday – 10:00 AM–1:00 PM

Toms River Branch of the Ocean County Library
101 Washington St, Toms River

10/22/25 – Wednesday – 10:00 AM–2:00 PM

Lacey Community Center
15 Lacey Road, Forked River

10/23/25 – Thursday – 10:00 AM–1:00 PM

Lions Head South Community Center
250 Lions Head Blvd S, Brick

10/24/25 – Friday – 10:00 AM–1:00 PM

Toms River Senior Center
652 Garfield Ave, Toms River

10/25/25 – Saturday – 10:00 AM–1:00 PM

Thorton Community Center
319 W. Calabrese Way, Little Egg Harbor

10/28/25 – Tuesday – 10:00 AM–1:00 PM

Bay Avenue Recreation Center
775 East Bay Ave, Manahawkin

10/28/25 – Tuesday – 10:00 AM–12:00 PM

Island Heights Municipal Building
One Wanamaker, Island Heights

10/29/25 – Wednesday – 11:00 AM–2:00 PM

Point Beach Health Fair
13 St. Louis Ave, Point Pleasant Beach

10/30/25 – Thursday – 10:00 AM–12:00 PM

Heritage Bay Club House
100 Sandpiper Road, Barnegat

NOVEMBER

11/1/25 – Saturday – 11:00 AM–12:00 PM

South Toms River Recreation Center
1 Drake Lane, South Toms River

11/5/25 – Wednesday – 10:00 AM–2:00 PM

Manchester Senior Center
82 Lacey Road, Whiting

11/6/25 – Thursday – 4:00 PM–7:00 PM

Brick Branch of the Ocean County Library
301 Chambers Bridge Road, Brick

11/7/25 – Friday – 5:00 PM–8:00 PM

Seaside Heights Community Center
1000 Bay Blvd, Seaside Heights

11/12/25 – Wednesday – 10:00 AM–2:00 PM

Plumsted Branch of the Ocean County Library
119 New Egypt-Allentown Rd, Plumsted

11/13/25 – Thursday – 3:00 PM–6:00 PM

Ocean County Health Department
175 Sunset Avenue, Toms River

11/14/25 – Friday – 10:00 AM–1:00 PM

Brick Senior Center, 500 Aurora Place, Brick

11/15/25 – Saturday – 10:00 AM–2:00 PM

Ocean County Fire and EMS Academy
200 Volunteer Way, Waretown

11/18/25 – Tuesday – 1:00 PM–4:00 PM

Jackson Mills Fire House
465 N. Countyline Rd, Jackson

11/19/25 – Wednesday – 3:00 PM–6:00 PM

Thorton Community Center
319 W. Calabrese Way, Little Egg Harbor

11/21/25 – Friday – 12:00 PM–4:00 PM

Bay Ave Rec Center, 775 East Bay Ave, Manahawkin

11/25/25 – Thursday – 10:00 AM–12:00 PM

Ocean County Health Department
175 Sunset Avenue, Toms River

DECEMBER

12/2/25 – Tuesday – 1:00 PM–4:00 PM

Jackson Branch of the Ocean County Library
2 Jackson Drive, Jackson

12/3/25 – Wednesday – 2:00 PM–5:00 PM

Lacey Branch of the Ocean County Library
10 East Lacey Rd, Forked River

12/4/25 – Thursday – 3:00 PM–6:00 PM

St. Mary's by the Sea Episcopal Church
804 Bay Avenue, Point Pleasant Beach

12/11/25 – Thursday – 3:00 PM–6:00 PM

Ocean County Health Department
175 Sunset Avenue, Toms River

12/12/25 – Friday – 3:00 PM–7:00 PM

Ocean Acres Community Center
489 Nautilus Drive, Manahawkin

12/18/25 – Thursday – 11:00 AM–1:00 PM

Ocean County Connection (O.C. Mall)
1201 Hooper Ave, Toms River



Ocean County Health Department

FLU & PNEUMONIA DRIVE THRU

Ocean County College

Drive-Thru in Parking Lot #3
Every Monday 11 a.m. - 5 p.m.
October 6 - December 15, 2025

Flu and Pneumonia vaccinations are provided at **NO** out-of-pocket expense for Ocean County Residents with provided Insurance.

Individuals who do not have insurance can still receive a vaccine through our uninsured cost program.

Residents requesting a Pneumonia vaccination can schedule an appointment at our vaccine clinics.

Appointments are preferred for all locations. To schedule, go to oceancountyhealth.gov

**Chronic Disease &
Immunization Department**
732-341-9700 ext. 7290